CURRICULUM VITAE

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EDUCATION

- University of Washington, Master's Degree in Scandinavian Studies, June, 2018.
- Oslo University International Summer School, 2016
- Northwestern College of Chiropractic, Doctor of Chiropractic degree, December, 1982
- University of Minnesota, Bachelor of Arts degree in theatre received 1976
- Acting training with Mark Jenkins at Freehold Theater/Lab/Studio in Seattle, 1995-2003

HONORS AND AWARDS

- Synnøve Lien Fielding, Leslie Ann Grove, and Consul Kim Nesselquist Norwegian+American Community Endowed Fund scholarships, 2019
- Teaching Assistant Award, Department of Scandinavian Studies, recognizing "excellence in the language classroom, as well as outstanding performance in the graduate program and in advancing the unity and the success of the department as an intellectual community," June, 2018
- Synnøve Lien Fielding Scholarship Award, UW Dept. of Scandinavian Studies, 2017
- Dr. Werner and Mrs. Margi Weingarten Endowed Fund Scholarship Award, UW Dept. of Scandinavian Studies, 2017
- Stipend from UW Dept. of Scandinavian Studies to study Norwegian language at the University of Oslo International Summer School, 2016
- Joe Bolling's Top 5% (of 334 shows reviewed) for *Joan: In Her Own Voice*, 2002
- Semi-finalist, Chesterfield Writer's Film Project, 2001
- First Place for Scriptwriting, Pacific Northwest Writers Conference, 1995
- National Merit Scholar, 1970

THESIS:

- "Healing in New Forms: Expansion of the Health Care Model in Scandinavia from Disease Care to Health Promotion via the Arts"
- Advisor: Christine Ingebritsen, PhD, Professor; Director, Center for West European Studies; Chair, Hellenic Studies Program Professor; Director, Center for West European Studies; Chair, Hellenic Studies Program

WORK AND RELATED EXPERIENCE

- Private Practice of chiropractic in Seattle, Washington, 1983-present; extensive continuing education in nutrition, the neuroscience of injuries, wellness principles for optimum health
- Director, An Elemental Journey, a musical performed at the Women of Wisdom's annual conference in Seattle, 2005
- Artistic director of the Ritual Theater Ensemble, 2003-2005
- Writer and director of Welcome to the World, WOW Conference, 2003
- Writer and director of *Temple Awakenings*, WOW Conference, 2001

TEACHING EXPERIENCE

- Grading Assistant, Norwegian Literary and Cultural History (SCAND 150) and Sexuality in Scandinavia: Myth and Reality (SCAND 367), Spring, 2019
- Teaching Assistant, Film Analysis: Northern Perspectives (SCAND 271), Winter, 2019
- Teaching Assistant, second year Norwegian language (NORW 201, 202, 203), University of Washington, academic year 2017-2018
- Teaching Assistant, Sagas of the Vikings (SCAND 270) and Scandinavian Mythology (SCAND 330), Summer, 2017
- Artist-in-Residence, Seattle elementary school, leading fifth graders in creating original plays performed as part of their graduation ceremonies; 1994, 1995, 1997
- Numerous community workshops focusing on healthful lifestyle practices

SKILLS

- Norwegian; qualified to work and study in Norway by passing Level III examination (Intensive Intermediate Norwegian Language) at the University of Oslo
- French, Swedish, and Danish; reading ability

PUBLICATIONS AND PRESENTATIONS

- "The Impact of a Attending a Musical about Florence Nightingale on Nurses and Nursing Students and Professors," paper accepted for presentation at the 15th International Conference on The Arts in Society, National University of Ireland-Galway, June 2020
- "Exploring Theater in Health," co-presenter with Cathy Madden (UW Department of Drama), 14th International Conference on The Arts in Society, Polytechnic Institute of Lisbon, June 2019
- "My Beloved/My Mother: The Performance of Aging in Henrik Ibsen's Peer
 Gynt/Affirming or Deconstructing Role Confusion in Act V," in-class conference of
 Performance Studies graduate course, School of Drama, University of Washington, June
 2019
- "Making a Play as a Cultural and Creative Authentic Language Activity," annual conference of the Society for the Advancement of Scandinavian Studies, University of Wisconsin, May 2019
- "Reimagining Nordic Mythologies of Healing," (presenter, moderator and committee member), Interdisciplinary Graduate Student Conference 2019, April 2019
- "Expansion of Health Promotion Policy to Include the Creative Arts: Inspiration from the Nordic Countries," Newsletter of the Health Politics and Policy Section of the American Political Science Association, August 2018.
- "Using the Creative Arts for Health Promotion in Scandinavia;" annual conference of the Society for the Advancement of Scandinavian Studies, UCLA, May 2018
- Staged readings of *After Mr.*, a full-length play exploring the long-term consequences of habits learned under the Nazi regime by a German immigrant couple, 2015
- *Making Plays from Scratch*, serialized in *KAT Tales*, the monthly e-zine of Kids Action Theater, 2003-2004
- Co-author and co-editor of KAT Tales, 2002-2004

• Joan: In Her Own Voice performed at the University of Washington with the Professional Actors Training Program, 2001

PROFESSIONAL MEMBERSHIPS

- Senator, Graduate and Professional Student Senate, University of Washington, 2019-2020
- Society for the Advancement of Scandinavian Studies
- Norwegian Researchers and Teachers Association of North America
- Washington State Chiropractic Association

EXTRACURRICULAR ACTIVITIES

- HEARTS: Health Enhancement through the Arts (non-profit organization), Co-founder and board secretary, 2018
- Volunteer actor with Peer Gynt Stemnet, the annual outdoor production of Henrik Ibsen's play, Peer Gynt, at Gålåvatnet, Norway, 2015
- Currently writing a participatory play based on Völuspá, from the Icelandic Poetic Edda